

UG Semester-End Final Exams-2025

B.A 2<sup>nd</sup> Semester

(VAC)

**Comprehensive Sexual Health Education**

Full Marks: 37.5

Pass Mark: 15

Time: 2 Hours

**PART-A. OBJECTIVE. Choose the most appropriate answer: (0.5 X 15=7.5)**

1. The word menses originated from which word?
  - a. Latin
  - b. Greek
  - c. English
2. Which Artificial Reproductive Techniques can help a lady to conceive a baby if both her fallopian tubes are blocked?
  - a. IVF
  - b. SUZI
  - c. ZIFT
3. Which of the following is not the characteristics of an ideal contraceptive method?
  - a. User friendly
  - b. Effective with least side effects
  - c. Easily available.
4. How is HIV primarily transmitted?
  - a. Through casual contact
  - b. Through sharing needles
  - c. Through saliva
5. What is the best way to protect yourself from HIV?
  - a. Avoiding contact with infected people
  - b. Using a condom during sex
  - c. All of the above

(PTO)

6. What is AIDs?  
a. A syndrome caused by HIV  
b. A type of flu  
c. A type of heart disease
7. What are some symptoms of STIs?  
a. Painful or burning urination  
b. Pain during sex  
c. All the above.
8. The word abstinence means  
a. Fight  
b. Being absent  
c. Restraining
9. Menstruation is caused by  
a. A decrease in estrogen levels  
b. Ovulation  
c. The shedding of uterine lining
10. The average length of menstrual cycle  
a. 14 days  
b. 21 days  
c. 28 days
11. Safer sex can be promoted through  
a. Abstinence  
b. Sex education  
c. Contraceptive methods
12. The term menstruation is originated from  
a. Latin word  
b. Greek word  
c. French word
13. People of all sexualities under the LGBTQIA+ umbrella may also identify as  
a. Bi-sexual  
b. Third gender  
c. Queer

14. Which of the following is a primary goal of sex education?  
a. To encourage sexual activity  
b. To provide accurate information about sexual and reproductive health.  
c. To promote abstinence as the only option
15. Sexual knowledge should be imparted by parents to the children during  
a. 9-10 years  
b. Age by age, stage by stage  
c. 3-5 years

**Answer the following questions briefly (any five)**

**1×5=5**

1. What is sex?
2. What is sexuality?
3. What do you mean by Sexual hygiene?
4. What is safe sex?
5. What is contraception?
6. What is puberty?
7. What is STD/STIs?
8. What is HIV/AIDs?

**PART-B. DESCRIPTIVE. Answer any five questions:**

**(5×5=25)**

1. Explain the physical changes that happen in male and female body during puberty.
2. How do achieve sexual health and well being?
3. What is contraception? Explain the different types of contraceptive methods.

**(PTO)**



4. Suggest some ways to prevent HIV/AIDs.
5. Suggest ways to make menstruation more comfortable.
6. What is sex? Explain the main objectives of sex education.
7. What is menstruation? Mention some common menstrual symptoms.
8. What is Abstinence? Discuss the methods of abstinence that reduce the risk of pregnancy.
9. What is sexual issue? Mention some methods/strategies to manage sexual issues in adolescent.

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