

2024

UG BA-2 Final Examination

VAC-1

COMPREHENSIVE SEXUAL HEALTH EDUCATION

Full Marks: 37.5

A. Choose the correct answer (15 x 0.5 = 7.5)

- 1) Timely and scientific accurate sex education will eradicate-
 - a) Psychological impact of pornography
 - b) The confusion and anxiety in parents and teachers regarding empowering children about sex education
 - c) Incorrect trauma and perverted sexual messages through internet and other media source
 - d) False notion about human sexuality
- 2) Teen pregnancy comes with negative impacts like
 - a) Psychological and mental health issues on the young parents
 - b) Physical health complications of the young mother
 - c) Social, financial and relational consequences.
 - d) All of the above
- 3) People of all sexualities under the LGBTQIA+ umbrella may also identify as-
 - a) Bi-sexual
 - b) Third gender
 - c) Queer
 - d) Asexual

- 4) The swelling and tenderness of breast muscle tissue in few adolescent boys is caused by a hormone secreted by the
 - a) Oestrogen glands
 - b) Testosterone glands
 - c) Endocrine glands
 - d) Pituitary glands
- 5) Sexual harassment also refers to-
 - a) Sexual or vulgar and offensive comments
 - b) Quid- pro- quo
 - c) Unwanted sexual advances by a partner
 - d) Violent or forceful sexual act
- 6) HIV cannot be spread through-
 - a) Mosquitoes or pets
 - b) Sweat, saliva or urine
 - c) Damage tissue like cuts
 - d) Hugging/close mouth kissing
- 7) Hormonal contraceptive methods refers to-
 - a) Vasectomy
 - b) Contraceptive sponge
 - c) Oral contraceptive pills
 - d) Injectable birth control
- 8) An HIV infected pregnant woman can pass HIV to the infant through
 - a) Blood from cuts or wounds
 - b) Saliva
 - c) Breast milk
 - d) Sweat and kissing
- 9) Sexual knowledge should be imparted by parents to the children during
 - a) 9-10 years
 - b) Age by age, stage by stage
 - c) 3-5 years
 - d) Seeking professional help and guidance
- 10) Important roles parents play in a child's sexual education includes
 - a) Supporting the child's level of comfort in discussing sexual related issues
 - b) Maintaining open dialogue with the educational institution on sex education
 - c) Providing positive learning at home regarding sexual awareness
 - d) All of the above
- 11) How many stages does an untreated HIV infected person go through before converting the HIV infection into AIDS?
 - a) 4 stages
 - b) 2 stages
 - c) 3 stages
 - d) 5 stages
- 12) Safer sex can be promoted through-
 - a) Abstinence
 - b) Sex education
 - c) Contraceptive methods
 - d) Clinical aids and guidance
- 13) Menstruation is driven by-
 - a) Chemical messengers
 - b) Pituitary glands
 - c) Hormones
 - d) Ovaries
- 14) The most important part about vaginal hygiene is maintaining
 - a) Clean and healthy vulva
 - b) Wearing cotton and breathable trousers
 - c) Its PH balance (alkalinity/acidity in blood)
 - d) Eating right
- 15) Pre-Menstrual Syndrome refers to the
 - a) Physical and emotional syndrome that some women experience
 - b) Abdominal bloating
 - c) Constipation
 - d) Fluid retention and weight gain

B. Answer any five

(1 x 5 = 5)

- 1) What is contraception?
- 2) What is menstruation?
- 3) What is Barrier Method?
- 4) What is Sex?
- 5) What is sexuality?
- 6) What is abstinence?
- 7) What is HIV and AIDS?

C. Answer any five

(5 x 5 = 25)

- 1) Mention the merits and demerits of contraceptive pills.
- 2) What are the symptoms of a person infected with HIV?
- 3) Suggest some measures to prevent oneself in becoming a rape victim.
- 4) What is the difference between Sexual Assault, Sexual Abuse and Sexual Harassment?
- 5) State the benefits of Abstinence.
- 6) What are the different types of Sexual abuse?
- 7) Mention the important ways to prevent HIV/AIDS
- 8) Explain the Male Reproductive System.
- 9) Explain the Female Reproductive System.
- 10) What are the measures for Safer Sex.

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